

Everyone knows the importance of good nutrition and the role supplementation plays in better health and wellness.

However, so many products today make so many claims that you need to exercise your mind before you make the right choices for your body.

you decide!

VITAMIN E PLUS WIPES OUT THE COMPETITION — AGAIN!

Getting enough vitamin E every day can help you live longer! A mountain of evidence proves that vitamin E is one of the *most important nutrients* your body needs for long-term health and longevity. The proof is in: People who care about their quality of life choose the antioxidant power of vitamin E everyday to help **protect the cardiovascular system, support a robust immune system, help skin look its best, protect cells against free radicals, promote normal circulation, normal cholesterol, healthy joints, optimal vision, and more!**

With benefits like these, you'll want to get the very best vitamin E supplement on the market. Choose a product that gives your body full access to all of the powerful advantages that only a complete vitamin E supplement offers. When selecting the best brand for your needs, consider the following important points:



Make sure your vitamin E supplement:

- 1) Delivers the entire E family,** including alpha, beta, delta and gamma tocopherols and tocotrienols — all 8 members in balanced ratios for more complete protection.
- 2) Is 100% food-based.** Make sure the product you select provides the nutrient density and diversity found in vitamin E-rich foods. When a product is 100% food-based, you receive the important combination of nutrients nature intended.
- 3) Is natural, not synthetic.** Natural vitamin E has *twice the potency* of lower-cost, petrochemical-based synthetic forms. Studies show that given a choice of natural or synthetic vitamin E, the body — especially the cardiovascular system and major organs — preferentially takes up natural-source vitamin E.
- 4) Uses modern absorption technology.** A vitamin E product's effectiveness can be measured by its ability to be readily absorbed

and utilized. So it's important to choose a product that employs cutting-edge technology that quickly disperses fat-soluble vitamin E nutrients into small, easily-absorbed particles that your body can use right away!

5) Utilizes softgel capsules. For maximum benefits, including easy digestion, proper assimilation of E nutrients, and optimal oil-soluble delivery, the best choice for a vitamin E supplement is a high quality, natural softgel capsule.

Natural is by far better

GNLD's exclusive Vitamin E Plus delivers the complete nutrient profile of whole foods in a rich, all-natural, high-potency capsule. Studies show that components of natural vitamin E are absorbed in your body *up to two times longer* than synthetic E, for longer-lasting benefits. Vitamin E Plus also employs GNLD's breakthrough water-miscible technology to help ensure optimum absorption. Be assured that when you choose genuine GNLD Vitamin E Plus, you get complete protection patterned after nature itself!

Only whole-food-sourced **GNLD Vitamin E Plus** delivers *all 8* natural E family members in a unique, water-miscible formula to ensure optimal benefits!

VITAMIN E COMPARISON

CRITERIA	GNLD Vitamin E Plus	Shaklee® Vita-E®	GNC® Vitamin E	Nature's Way Vitamin E 400	Nature Made Vitamin E	Schiff® E 400 Complex	Nature's Sunshine SynerPro® Vitamin E	Amway Parselenium-E®
100% food-sourced vitamin E?	Yes	Yes	No	Yes	No	Yes	Yes	Yes
All 4 tocopherols in significant, measurable amounts?	Yes	Yes	No	?	No	Yes	?	?
All 4 tocotrienols from human food-chain sources?	Yes	?	No	?	No	?	?	?
Optimal balanced ratios as found in vitamin E-rich food?	Yes	?	No	?	No	?	?	?
Foundation of cold-pressed, unrefined pure wheat germ oil?	Yes	?	No	No	No	?	No	No
Technology to maximize absorption?	Yes	No	No	No	No	No	No	No

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Always at your service, your independent
GNLD Distributor:

YOU DECIDE!



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Take heart! We've got life-protecting news about vitamin E!

A recent poll showed that 39% of all cardiologists surveyed supplement with antioxidant vitamin E to help prevent heart attacks. Vitamin E, an essential vitamin you need for lasting health and longevity, delivers crucial heart-healthy benefits, helps build a robust immune system, promotes normal blood sugar levels, and much more! But to take advantage of the countless health-promoting benefits, you need a vitamin E supplement that contains *all 8* natural E family members. Check out the chart (inside) to find out how GNLD's unique Vitamin E Plus outperforms 7 leading brands!

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'In a challenging economy, GNLD offers real security for the future!'

"After 27 years of running a complex, deadline-based business, it's a real pleasure to work at my own pace and have time to enjoy life," says Kermit. "As printing business owners, we couldn't provide a reliable future for our employees. All around us, companies are constantly downsizing, retooling, or capsizing! GNLD becomes the absolute positive alternative. If we do the work, we're rewarded. Now we can truly help more people to feel better about themselves, to enjoy better health, and achieve their dreams. With GNLD, you know where you'll be tomorrow, and that you're making a positive difference in people's lives."

— Kermit & Yvonne Tucker, 4 Ruby Directors, Jamaica

