

Solid nutrition and supplementation are major keys to optimal health and wellness. However, with so many products on the market, all claiming to deliver exactly what you need, you must exercise your mind in order to make the right choices for your body.

# you decide!

## LEADER OF THE PACK: DAILY VITALITY PACKS

*W*e all have diverse nutritional needs, and supplements taken as a group makes both nutritional and financial sense. But finding the right nutritional supplement pack can be tough. Labels are often confusing; each offers a mix of vitamins, minerals, and more, and all claim to give you complete nutrition. In this puzzling situation, you might end up choosing the box with the best-looking packaging — which is no way to make an informed choice!

Here's help: When shopping for a multi-pack supplement, you need to look for nutrient density and diversity, whole-food sourced components, ancillary ingredients to support digestion of the nutrients, and lifestyle-specific formulations to fit your unique needs.

When you add up all the specifications for superior comprehensive daily supplement, you will clearly see that GNLD's Daily Vitality packs beat the competition.

Review the advantages of GNLD over everyone else, and then you decide.



### SUPPLEMENT PACK COMPARISON

Nutrient Advantages and Benefits	GNLD Daily Vitality Packs	Amway Nutrilite Double X	Shaklee Basics	NUSKIN LifePak	Rexall Daily Essentials	Nature's Sunshine Daily Essentials	USANA HealthPak 100
Tre-en-en Whole-grain concentrates	YES!	No	No	No	No	No	No
Natural, high-potency Vitamin-E with all family members	YES!	No	Yes	Yes	No	No	No
All 10 members of the B-vitamin family sourced from biologically bound yeast	YES!	Yes	No	No	No	No	No
Natural Vitamin-C with whole citrus components to maximize bioavailability	YES!	Yes	No	Yes	Yes	Yes	Yes
Digestive enzyme's to facilitate maximum nutrient absorption	YES!	No	No	No	No	Yes	No
Threshold Control nutrient release	YES!	No	No	No	No	No	Yes
Amino Acid Chelated minerals	YES!	No	Yes	Yes	No	No	Yes
Total User Benefit (based on "Yes" responses)	100%	0%	29%	43%	14%	29%	29%
<b>Select Nutrient Potencies</b>							
Vitamin C	505mg	500mg	680mg	500mg	600mg	500mg	1599mg
B1	60mg	15mg	21.75mg	3mg	10mg	25mg	27mg
B2	60mg	15mg	24.65mg	3.4mg	10mg	20mg	27mg
B6	60mg	15mg	29mg	10mg	15mg	30mg	27mg
Niacin	250mg	35mg	290mg	40mg	65mg	60mg	39.9mg
B12	60mcg	9mcg	87mcg	30mcg	30mcg	100mcg	60mcg
Folic Acid	400mcg	400mcg	800mcg	600mcg	130mcg	400mcg	999mcg
Biotin	400mcg	300mcg	120mcg	300mcg	100mcg	300mcg	300mcg
Pantothenic Acid	62mg	24mg	145mg	30mg	60mg	150mg	90mg
Choline	125mg	0	0	0	0	50mg	150mg
Inositol	65mg	50mg	0	0	50mg	?	99.9mg
Cost per serving, retail	\$1.67	\$2.33	\$1.16	\$2.21	\$1.50	\$2.63	\$5.00