



In Control— And On The Go!

Arthur Jackson used to be easy to reach. Although he didn't always feel well, a call or visit to his home would normally find him there. Times have changed. While you might find Arthur working in the garden, or just returning from a walk—chances are better that he's simply not home.

"People say to me, 'Are you ever home?'" chuckles the "new" Arthur. "But I can now do things I could never do before. Through the GR² Control program, I now think about food differently. I consider its nutritional value, not just its taste."

Since beginning the GR² Control program, Arthur has lost two hundred pounds! "I have been able to maintain my significant weight loss for more than a year now. I no longer need to take the Thermogenic Enhancer, nor the Appetite Reducer. I use the GR² meal replacement shakes once a day and the GR²eat Bars when I need something small between meals."

Like many people, Arthur enjoys the flexibility of the GR² Control program. "This weight-loss program allows you to



At Convention 2006 in Nashville, Arthur enjoys showing off some old clothes!



reach goals, and then decide if you want to maintain your weight or set additional goals. I am very happy with the success I have achieved, but now I want to set a goal to lose forty more pounds! That's when I'll hit the program full-force once again."

Arthur's weight loss is also tied to his finances. "Losing weight is good for my health and good for

my business," he confides. "People see me lose weight and they want to get involved." Losing weight has helped reduce other costs, as well. Arthur can now rent compact cars and buy clothing that is not from specialty stores—things he formerly could not consider.

"Thanks to GNLD, I have a whole new lease on life—mentally, spiritually, and financially. It's wonderful!" ■