

# MARATHON MAN

*Dr. Roger Ogata,  
GNLD's Marathon Man,  
has been taking Tre-en-en®  
for twenty years. Dr. Ogata  
reached the age of 71 on  
January 30th, and in  
December he completed  
his tenth marathon.  
(That's over 260 miles!)*



**S**tarting each day with the Tre-en-en Grain Concentrates in his Sports 30™, Dr. Ogata is able to maintain his fitness regimen of running 30 miles per week and swimming or biking daily.

Although retired, Dr. Ogata continues to maintain contact with many former patients. One of his favorites is Daiishi, who is 99 years old and is still very active in her community. Daiishi credits Formula IV Plus® with her good health and energy.

“The quality of the GNLD products sets them apart from other supplements,” explains Dr. Ogata. “I have patients who at one time stopped using them but after seeing their health and energy deplete, they come back to GNLD!”



Daiishi and her formula for good health.