



FAST FACTS ABOUT HERBAL MIND ENHANCEMENT COMPLEX

As with any other physical aspect of the body, mental functioning tends to weaken when faced with various forms of stress including everything from simple fatigue to degeneration linked to aging. Master herbalists have long known that our capacity for focused concentration, clear thinking, and accurate recall can be supported and even enhanced with an appropriate mix of herbs that help meet the brain's critical need for optimal blood circulation, and help protect our precious cerebral tissue from free radical damage associated with mental decline. GNLD's Mind Enhancement Complex promotes a "normalizing effect" on the nervous system, helping to stabilize and enhance mental function to promote peak mental performance and acuity.

WHY CHOOSE HERBS TO SUPPORT MENTAL PERFORMANCE?

- Because herbs have been proven effective from centuries of use.
- Because herbs have a long history of safe use, without the side effects associated with chemical drugs.
- Because herbs are nature's solution to wellness challenges.
- Because herbs are non-habit forming.
- Because herbs can act as a tonic and provide a "normalizing effect" on the nervous system, stabilizing and enhancing mental function.
- Because herbs have been shown to help restore physiological balance to help the brain perform at its vital best.
- Because herbs have been shown to enhance cerebral blood flow which is essential for facilitating the supply of nutrients to and removal of toxic metabolites from the tissues of the brain. These herbs also help to strengthen cerebral microcapillaries to minimize leakage and facilitate mental longevity.

WHY GNLD HERBAL MIND ENHANCEMENT COMPLEX?

- **Comprehensive formula.** Our unique multi-herb approach to the formula provides broad, synergistic effects of the herbal constituents, optimizing their ability to promote mental performance and acuity. Herbs work together to complement and enhance effectiveness.
- **Herbs are selected from many global traditions,** bringing you the best herbal knowledge from around the world.
- **Contains Ginkgo biloba** (leaf) which has been shown to promote blood vessel flexibility, improving blood flow to the brain. Ginkgo also contains powerful antioxidants that help promote the longevity and function of cerebral tissue.
- **Contains Gotu Kola** which has been associated with mental clarity and enhanced memory function by both western and Asian herbalists (where it is known as Fo Ti Tieng).
- **Contains Red Sage** which helps maintain levels of the neurotransmitter acetylcholine, increasing alertness and ability to concentrate. Strong antioxidant properties also support microcirculation within the brain, helping to minimize age-related declines.
- **Guaranteed purity, potency and consistency.** The most recent advances in analytical sciences and the most advanced herbal processing techniques provide the finest in standardized herbal extracts.
- **100% natural herbal formula** contains no chemical or animal products.





The following benefits have been attributed to the herbs contained in GNLD's Mind Enhancement Complex by master herbalists:

HERB	ACTIONS AND BENEFITS
Ginkgo - leaf <i>(Ginkgo biloba)</i>	Promotes blood vessel flexibility and helps reduce platelet aggregation. Increases blood flow to the brain. Supports concentration, alertness and healthy memory function. Helps raise some neurotransmitters levels and helps promote increased responsiveness of others. Strengthens attention span. Antioxidant activity helps delay age-related mental declines.
Gotu Kola - leaf <i>(Centella asiatica)</i>	Helps maintain adequate blood flow to the brain, improving alertness, attention span, memory and concentration. Mild anti-stress properties are thought to be especially helpful to strengthen nervous system functions and lessen the effects of fatigue.
Red Sage - leaf <i>(Salvia officinalis)</i>	Strong antioxidant properties also support microcirculation within the brain, helping to minimize age-related mental declines. Supports positive mood and mental clarity. Helps maintain levels of the neurotransmitter acetylcholine, increasing alertness, memory function and the ability to concentrate.
Rosemary - leaf <i>(Rosmarinus officinalis)</i>	Helps strengthen small blood vessels, supporting adequate blood circulation to the brain and providing antioxidant activity. Historically used to assist memory function.
Sweet Basil - leaf <i>(Ocimum basilicum)</i>	Complements the effectiveness of Rosemary and Gotu Kola, in support of nervous system functioning, especially in response to exhaustion or other stress, promoting mental calm, clarity and steady mood.
Thyme - leaf <i>(Thymus vulgaris)</i>	Strong antioxidant properties that support cerebrovascular health. Promotes vitality, helping to offset exhaustion.
Skullcap - flower <i>(Scutellaria laterifolia)</i>	Restorative for the nervous system; helps to allay anxiety and stress.

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 Bisset NG, *Herbal Drugs and Phytopharmaceuticals*, Medpharm Scientific Publ, Stuttgart, 1994
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 Chevallier A, *The Encyclopedia of Medicinal Plants*, Dorling Kindersley Ltd, London, 1996
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 Murray MT, *The Healing Power of Herbs, 2nd Edition*, Prima Publ, Rocklin CA, 1995
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MIND ENHANCEMENT COMPLEX

SUGGESTED USE: 1 tablet each morning and night.

Ginkgo, Gotu Kola and Red Sage all promote healthy blood flow to the brain, supporting alertness, memory and concentration. Ginkgo, Red Sage and Thyme all generate antioxidant activity that promotes cerebrovascular health.*

Mind Enhancement Complex uses a synergistic Herbal Extract Blend to support the health and effective functioning of the entire nervous system, especially the brain.*

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

NOT SOLD IN RETAIL STORES

Available Exclusively From GNLD Distributors

Distributed by:



GNLD International, LLC
Fremont, California 94538 U.S.A.

Golden Neo-Life Diamite International, Ltd.
Bridgetown, Barbados, W.I.
Kingston, Jamaica, W.I.
Port of Spain, Trinidad, W.I.

Leading edge nutrition since 1958.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

Herbal Extract Blend	304 mg*
Ginkgo (<i>Ginkgo biloba</i>) (leaf) (5:1); Gotu Kola (<i>Centella asiatica</i>) (leaves) (5:1); Red Sage (<i>Salvia officinalis</i>) (leaves) (7:1); Rosemary (<i>Rosmarinus officinalis</i>) (leaves) (5:1); Sweet Basil (<i>Ocimum basilicum</i>) (leaves) (6:1); Thyme (<i>Thymus vulgaris</i>) (leaves) (6:1); Skullcap (<i>Scutellaria laterifolia</i>) (flower) (5:1).	

* Daily Value not established

Other ingredients: Microcrystalline cellulose, sodium croscarmellose and magnesium stearate.

Store in a cool, dry place, away from direct sunlight.



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