



# FAST FACTS ABOUT LIVER PLUS C

Beef liver is a densely nutritious food, rich in high-quality protein, B-complex vitamins (particularly B<sub>12</sub>), plus iron and an array of trace minerals. Because of the synergistic ratios in which these nutrients naturally occur, liver is an excellent energy food. GNLD's Liver Plus C is a superior, concentrated source of natural "anti-fatigue" nutrients from liver, enhanced by the antioxidant properties of vitamin C.

## WHY LIVER?

- Traditionally valued as an energy-boosting food, liver provides a concentrated source of nutrients needed to support biological, energy-producing activities.
- Because the body's ability to endure prolonged activity is linked to nutritional energy reserves, the concentrated nutrients in liver support increased physical endurance and provide a nutritional buffer against fatigue.

## WHY GNLD LIVER PLUS C?

- Superior, concentrated source of the natural "anti-fatigue" nutrients from liver.
- Vitamin C and bioflavonoids added to protect liver from oxidation and enhance nutrient absorption.
- Special protective coating "locks in" the nutrient value of each tablet and minimizes taste and odor.
- 100% natural. Contains no artificial colors, flavors, preservatives, or sweeteners.
- Highest quality desiccated liver available. Contains 100% pure South American beef liver with no growth hormones, antibiotics or pesticide residues.
- Vacuum-dried and defatted to eliminate cholesterol and prevent rancidity

**PERFORMANCE NUTRITIONALS**  
Nature • Science

## LIVER PLUS C

DIETARY SUPPLEMENT

*Hormone-free, antibiotic-free,  
beef liver with Neo-Plex Concentrate*

250 TABLETS

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 125

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid)	53 mg	88
Desiccated liver	1,000 mg	†
Yeast	24 mg	†
Rosehips ( <i>Rosa canina</i> ) (fruit)	20 mg	†
Rutin	20 mg	†
Neo-Plex Concentrate Blend	57 mg	†
Orange Juice powder ( <i>Citrus aurantium</i> ) (fruit), Orange powder ( <i>Citrus aurantium</i> ) (peel), Citrus Bioflavonoid		

† Daily Value not established

Other ingredients: Stearic acid, hydroxypropyl methylcellulose, silicon dioxide, triacetin and natural color.



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Lot #  
Best If  
Used By

### SUGGESTED USE: (adults) 2 tablets daily.

The body's energy production processes and healthy nerve functions require a mix of nutrients, many of which are found in foods such as liver.\*

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Liver has been regarded for centuries as a highly nutritious food. Nutritionally diverse, liver contains nutrients critical for the body to perform at its optimal level. Liver is densely nutritious, providing a synergistic array of nutrients shown to work together with energetic results.

Vitamin C and Neo-Plex Concentrate are included to enhance nutrient absorption and protect delicate whole food components from oxidation.

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**Golden Neo-Life Diamite International**  
Fremont, CA 94538 U.S.A.  
Leading edge nutrition since 1958.



# THE LIVER PLUS C STORY

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## LIVER IS A TRADITIONALLY PRIZED FOOD

Since the dawn of history, liver has been eaten fresh from the hunt as a celebratory “sharing” of the prey animal’s strength, courage, and endurance during pursuit. Even today, indigenous cultures around the world continue the practice of reserving the liver of food animals for elders or leaders.

## ENERGY AND ENDURANCE

The body’s ability to produce energy is the basis of physical endurance. When we exercise or physically exert ourselves, our ability to persist is determined by our energy reserves. When there is insufficient energy “on tap,” fatigue occurs more quickly.

The combined nutrients of liver support prolonged energy availability, earning liver the reputation as an “anti-fatigue” or “energizer” food. Laboratory research has demonstrated that animals consuming diets supplemented with concentrated liver showed greater endurance in physical trials than those receiving only a standard diet.

## GNLD DELIVERS LIVER WITH A DIFFERENCE

Because liver is an organ meat, poor quality liver can deliver concentrated amounts of undesired contaminants, including growth hormones, antibiotics, and agricultural pesticides from stock feed.

That’s why GNLD uses only beef grown on the pristine natural pasturelands of South America. Our beef has never been medicated or fed commercial cattle feed treated with hormones, antibiotics, or pesticides.

## PROVEN PROCESSES PROVIDE PUREST PRODUCT

To maximize nutrient value, GNLD uses time-proven vacuum-desiccation processes to prepare the liver for tableting. In addition, the raw material is defatted to prevent oxidation and rancidity, a process which also eliminates any cholesterol. Finally, a protective coating “locks in” the nutrient value, boosts antioxidative protection, and minimizes liver taste and odor for more convenient consumption.

## VITAMIN C: A NUTRITIONAL BONUS

Vitamin C and citrus bioflavonoids are added to GNLD’s Liver Plus C to provide dual benefits. First, the vitamin C provides antioxidant protection for the liver’s natural nutrients. In addition, these added antioxidants contribute to fulfilling body requirements for these nutrients, which is particularly important and beneficial for athletes and sports enthusiasts.